

Blood Thinning Medications to Avoid

The following list includes the most common prescription and over-the-counter medications that can cause thinning of the blood. It does not include all medications; Therefore, please consult with your physician regarding any prescriptions, over-the-counter medications or vitamins/herbals you may be taking. Also, inform the physician if you are taking any immune suppressing medications including, but not limited to: prednisone, infliximab, etanercept, alefacept, ustekinumab, methotrexate, mycophenolate, adalimumab, and mofetil.

The most common OTC blood thinners are: fish oil, vitamin E, ibuprofen (NSAIDs), aspirin

Must avoid all blood thinners 10-14 days prior to treatment, unless otherwise instructed by your physician. (Note: **Tylenol is OK). Arnica pellets can reduce bruising – take 5 pellets 3 X a day starting 2-7 days prior to the procedure. You can purchase arnica pellets at Amazon.com, Whole Foods, Sprouts, selected Trader Joe's.*

Alcohol	Butazolidin	Emgrin	Major-cin	Postel
Aggrenox	Cama	Empirin	Majoral	Relafen
Alka Seltzer	Carpon	Encaprin	Measurin	Sal-Favne
Aleve	Cataflam	Equagesic	Meclomen	Salatin
Anacin	Celebrex	Etodolac	Meloxicam	Saleto
Anaprox	Clinoril	Excedrin	Micranin	Savaysa
Ansaid	Clopidogrel	Feldene	Midol	Sine-Off
Anturane	Cope	Fiorinal	Mobidin	Solocol
APAP Fort.	Coricidin	Fish Oil	Mobigesic	Supac
Argensic	CP-2	Flurbiprofen	Momentum	Synalgos
Artha-G	Cosprin	Garlic	Motrin	Tandearil
Arthropan	Coumadin	Gaysal-S	Nabumetone	Tenstan
Acriptin	Dasin	Gemisyn	Nalfon	Ticlid
Asper Buf	Diclofenac	Gingko	Naprosyn	Ticlopidine
Aspercin	Dicumarol	Ginseng	Naproxen	Tisma
Aspergum	Dipyridamole	Glucosamine	Neocylate	Tolectin
Aspirin	Disalcid	Heparin	Nuprin	Toradol
Asproject	Doans Pills	Ibuprofen	Oxalid	Trental
Axotal	Dolcin	Indocin	PAC	Trogasoc
Bayer	Dolobid	Isollyl	Pabalate	UracelS
BC Tabs	Double-A	Kaopectate	Pabirin	Vanquish
Buff A	Duoprin	Ketoralac	Panodyness	Vitamin E
Buffaprin	Duradyne	Lanorinal	Pepto-Bismol	Voltaren
Bufferin	Durasal	Lodine	Percodan	Warfarin
Buffetts II	Dynosal	Lortab	Persantine	Xarelto
Buffinol	Ecotrin	Magan	Plavix	Zorpin
Buflex	Efficin	Magsal	Pradaxa	
Butal Comp	Eliquis	Marnal	Protension	

Avoid dental procedures 2 weeks before or after filler procedures (Juvederm, Voluma, Vollure, Volbella, Restylane, Belotero, etc.). Avoid heavy exercise for 48 hours after the procedure, as this can cause more bruising. Do not fly or leave the area for a week after a filler procedure. Avoid applying makeup for 24 hours after the procedure. Please apply ice to the area often (5 min / hour) after the procedure to avoid bruising. © JoannaChanMD.com